



MISSION PSYCHOLOGICAL CONSULTANTS

Conveniently located in: Carlsbad, San Juan Capistrano, Irvine
Toll Free: (800) ADD - 9117 or (949) 248 - 7411, ext. 0
www.MpcCares.com

INFORMATION AND TREATMENT PHILOSOPHY

Welcome to ADD Treatment Centers at Mission Psychological Consultants. We have specialized in helping children and adults with ADD and Autistic Spectrum Disorders since 1988. ADD Treatment Centers offers the most accurate computerized brain imaging diagnoses and a wide variety of treatment options.

ADD is misdiagnosed in up to 50% of cases. To fix this problem, ADD Treatment Center completed two multi-site research studies (*Journal of Neuropsychology* 1999, 2001) establishing the high diagnostic reliability of Q-EEG brainwave evaluation. It proved to be 90% accurate. This Q-EEG is only available at a few locations throughout the country. ADD Treatment Center is the only location in Southern California to use the Q-EEG and CPT tests. The Q-EEG Map can determine the subtype of ADD or ASD the patient suffers and identify the location of the abnormality.

ADD Treatment Center believes the best care entails a comprehensive treatment program tailored for your child or you. This involves clarifying if other related difficulties are present (learning disabilities, depression, poor self discipline, anxiety, low motivation, etc.) or are the cause of the problem. This program may include Neurofeedback (a non-drug treatment), conservative titrated medication (for just the right dose), social skills groups, support groups, parenting/behavior modification instruction, and/or individual/family/marital therapy. If your treatment program includes neurofeedback, we will closely monitor the treatments effectiveness utilizing regular computerized testing. This retesting leads to the successful long-term results. We have put together a talented group of experienced professionals that include psychologists, psychiatrists, marriage and family counselors, neurofeedback therapists, and school counselors. ADD Treatment Centers at Mission Psychological Consultants pioneered these diagnostic and treatment procedures and would be happy to provide you with copies of our research.

**FIRST IN ORANGE &
SAN DIEGO COUNTIES**

-RESEARCH BASED-

We strongly recommend you attending a seminar that will provide the information you'll need to make a decision and allow you to ask questions that are unique to your circumstances.

All of our services are confidential. Our office staff is available from 11:00am – 6:00pm, Monday through Thursday and Friday afternoons (only) to assist you in setting up appointments and obtaining information you need. We have day and evening appointments and many of our services are available on Saturdays. ADD Treatment Centers has three convenient locations in San Juan Capistrano, Irvine and Carlsbad to serve you.

We are honored you are selecting us to work with you and your family. Enclosed is the information you requested. If you have scheduled an appointment, a set of questionnaires is included for you and/or your child's teachers to complete. (Please bring them with you to your first appointment). If you have any further questions, please feel free to contact me or our office staff directly at (949) 489-3233. We know that you have struggled with ADD and/or ASD and realize the importance of the problem you bring to us. Rest assured that we will provide an accurate diagnosis and recommend only the best type of treatment that you or your child needs.

Michael K. Linden, Ph.D.
Director